

A message from Catherine

“I appreciate so much the many precious letters I receive each week from my dear readers, every one written from the heart. They make me feel that my desire to comfort and encourage, as I have been, is really happening.

And when people write to me and say, “I mail your column to friends and family around the country,” I realize that my readers are just like me. They love to comfort and encourage too!

I’m fond of the words to the song, ‘If I can help somebody as I go along, if I can cheer somebody with a word or song, if I can show somebody traveling wrong then, my living shall not be in vain.’ I cherish the words readers have written to let me know that I am helping.”

A sampling of reader testimonials...

“One of the most successful things I did during my tenure of nearly 10 years as publisher of the New Haven Register was introducing Catherine Galasso-Vigorito to our readers! Her column was an immediate success and generated far more letters than any other feature. It was clear that Catherine touched the lives of our readers, and they responded.”
– William J. Rush -- Ohio

“I was drawn to your article immediately and found it terrific. You have so much to offer. Please continue delighting us with your column. I hope and pray you will continue to be the inspiration to the world that you are already becoming.” – Pennsylvania

“Thank you for putting such decent, truthful and moral messages in the newspaper. Your articles are the best news conveyed – they should be on the front page of all the newspapers in our country—which sorely needs the inspiration you write about.” – Connecticut

“I’m writing to compliment you on your excellently written column. Not only do you write well, but more importantly, your message is profound. I have now read the column four times, and each time, I am able to get more out of it.” – North Dakota

“My father is a prominent businessman in the St. Louis area. He and my mother raised 12 children and have been married for over 50 years. A few months ago he sent all his children a copy of your article with a small note that read, ‘We can all learn something from Catherine.’ He later told me how much your articles inspire him. I keep all of your

articles in a binder and hope to pass them on to my children someday. People like you make the world a better place.” – Florida

“I’m a seventh-grade Sunday school teacher and I share your articles with my boys every week. Some of them have begun reading them on their own. Your articles are full of compassion and love. Texas

“I have been a fan of your column for years, and often clip them to send to friends out of state. Sometimes the theme or message is just what they or I need to get through a particularly difficult time. I find your words an inspiration.” – Connecticut

“I enjoy reading your gentle column. It is always good for uplifting my spirits and reminding me of what’s important in life. I appreciate the sweetness and love and spirituality in your column – a rare find in today’s media world.” – Missouri

“I am very encouraged on your weekly thoughts. It was your words of wisdom from God that inspired me the whole time I was in school obtaining my LPN and my daily routine in life. I believe in my heart that you inspired so many people.” – Connecticut

“I’m writing to let you know that your article is probably the most effective teaching aid in a group I lead. I don’t know another group anywhere who looks to your article with as much anticipation and faith as our group. Our group is mostly attended by men and women who have had Acquired Brain Injuries in their recent past. We make it a habit to read and examine each and every word in your article to apply it to our lives.” – Connecticut

“You have been blessed by God with great writing ability. You in turn have helped so many people in their daily struggles. God bless you!” – New York

“Your words in your articles are wonderful. May God continue to bless you and provide you more wisdom as you water the spirits of all Americans.” – Pennsylvania

“In this day in age, when there is so much bad appearing in the newspaper each day, your article blesses the readers so much. I believe your articles are a very effective ministry and very powerful! Please never change. You will never know the total effect your articles have in the world.” – Ohio

“I thank God, and I thank you, for Catherine Galasso-Vigorito’s “A New You” article. I have been blessed by them for the last 11 years. I have been incarcerated and I am finally going home a new person.”

“My friend sends me your column. I admire your inspiration and the gift that the Lord has given you to share your faith and encouragement through words printed in publication. I am sure your have changed many lives.” – Nebraska

“We so appreciate reading a true and honest testimony. We praise the Lord for your words that will reach so many, believers and non-believers alike. And we certainly will continue to support a paper that will print your material.” – Michigan

“Your words were a breath of fresh air. The ideal way of life which you described is what I now strive for. I am a sophomore in college and I have reached a crossroads in my life where I must decide who I will become. Not only academically but what kind of person I will become, what kind of life I will lead, what relationship I will share with another. Your words offer a new way of thinking, which is what I am looking for at this confusing time in my life. I commend your will to reach people through your thoughts. You have reached me, and I greatly appreciate it. Thank you for your literary wisdom.” – Connecticut.

“I have been enjoying your newspaper columns for some time now. I began reading them after our family had gone through some very hard trials. Though the trials continue, your columns have given me great comfort, strength and have helped me focus on all the things I have to be thankful for in my life, despite the difficulties we still face. Sometimes it seemed like you knew exactly what I was going through and how I felt. I have shared your articles with many people during difficult periods in their lives. When the paper comes in, the first thing I do is cut out your article. Your husband and children are blessed to have you in their lives.” – Missouri

“Your positive thinking is rather contagious and is exactly what I need. Thank you for everything, Catherine. You have been there for me in my time of need like a Guardian Angel. May God pay you back 100 fold. Massachusetts

“Thanks for putting some sunshine in the day, and restoring a boost of confidence.” – Missouri

“I just wanted to tell you how much I love your articles. You help me and encourage my spirituality. Thanks for being here. Keep up the good work and thanks for sharing your beautiful gift.” – Ohio

“I want to send you this email to let you know that both my wife and I think that your weekly newspaper column is outstanding!! We make a point to buy our local Saturday paper specifically for your article, and we each ensure we share it with the other.

Your articles have helped to provide me that additional motivation, inspiration, and strength that I have needed! Thank you for what you do Catherine! Don't stop! Keep it up! You do a great job, and your articles are a true pleasure to read!” – Michigan

“You have been such an inspiration. I send each and every one of your columns to a friend in Canada and I know your words have lifted her heart so many times. You have a unique and wonderful way with words and I hope you realize how many people your thoughts and inspirations reach.” – Florida

“I'm a mother of 3 teenagers and I cut out your article and paste it on my refrigerator for all of us to read. Somehow, they always reflect to one of us in our family.” – Connecticut

“I start out my day with a nice cup of coffee and reading your words. They have so much wisdom. You are a special person. Keep up your beautiful work of love.” – Puerto Rico

“My sister sends me your column every week. I love reading them. The amazing thing is that just when I am going through something difficult, your column arrives and it always manages to relate to exactly what I am going through and is just the message I need to read. Thanks for all the good you do.” – Georgia

“I wanted to express my appreciation to the newspaper for carrying the sections written by Catherine Galasso-Vigorito. With so much bad and depressing news, I find it very uplifting reading her commentaries.” – Michigan

“Thank you so much for all you have done for me this year. Words can not express my true feelings. You have very much blessed my life.” – Missouri

“My you continue to be lead by God’s hand and may He continue to inspire you to write these thought provoking and life-changing articles.” – Rhode Island.